

those times in your life. Did you depend on that presence of did you “go it alone?” Write your memories and ideas here.

### **Thursday, April 3**

Review the mantra of The Jesus Prayer from your Message Notes: “Lord Jesus Christ, Son of God, have mercy on me, a sinner.” If we utilize four-square breathing you can match up each part of that breathe praying with the four parts of the mantra. Before utilizing this prayer method today, take a moment to consider the meaning of each phrase. What does it mean for Jesus to be Lord over your life? How does Jesus’ being the Son of God impact your relationship with God? For what do you need God’s mercy and what are the sins in your life that separate you from God? Enter into this prayer form for a pre-determined time whether it be three minutes or thirty minutes. Remember, even in the face of this somber prayer, that we are to enjoy God’s presence. Write any thoughts that emerge during your time in prayer.

### **Friday, April 4**

Today’s task is to evaluate your prayer life according to the three values of prayer discussed during the message and Jesus’ example of praying to be glorified for the purpose of glorifying God. Be gentle with yourself and conduct this “evaluation” with God’s desires for our wholeness – our *Shalom* – in mind. God wants nothing less that our wholeness of body, mind and spirit and to draw near to us during the time we spend with God in prayer. So, as the founder of Methodism, John Wesley, often inquired, “How is it with your soul?” Write your thoughts here.

## **Message Notes – March 30, 2025**

### ***Praying With Jesus – The High Priestly Prayer (Part 1)\****

- I. We began this series with a message about the \_\_\_\_\_ of prayer answering the question, “What does prayer actually do for us?”
  - A. For starters, prayer \_\_\_\_\_ us.
  - B. A second value of prayer is that it gives us \_\_\_\_\_ to face the \_\_\_\_\_ of life.
  - C. Third and finally, another value of prayer is that it \_\_\_\_\_ us with the will of God for \_\_\_\_\_ and \_\_\_\_\_ in human life.
- II. Jesus, during this final meal with his disciples, shared what is known as the \_\_\_\_\_ Discourse.
  - A. In Chapter 17 Jesus enters into the longest prayer of Jesus recorded in our scriptures; the prayer known as the \_\_\_\_\_ Prayer which consists of three parts.
    1. First, Jesus prays for \_\_\_\_\_.
    2. Second, Jesus prays for his \_\_\_\_\_.

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\*John 17:1-11

3. Finally, Jesus prays for \_\_\_ – \_\_\_\_\_ and \_\_\_\_\_.
- B. McHenry recognizes a progression in the High Priestly Prayer beginning with \_\_\_\_\_ and flows through the request, the rationale and reiteration of the request.

- III. Jesus keeps the focus of his prayer on the \_\_\_\_\_ of God even as he prays for himself to be \_\_\_\_\_.
- A. So, \_\_\_\_\_ about your prayers.
1. How would your answered prayer \_\_\_\_\_ you?
  2. How would your answered prayer prepare you for the \_\_\_\_\_ in your life?
  3. How would your answered prayer \_\_\_\_\_ you with God’s will for \_\_\_\_\_ and \_\_\_\_\_ of human life?
- B. The \_\_\_\_\_ Prayer.
1. It strictly utilizes one \_\_\_\_\_: “Lord Jesus Christ, \_\_\_\_\_ of God, have \_\_\_\_\_ on me, a sinner.”
  2. We can \_\_\_\_\_ this prayer by breathing in praying “Lord Jesus Christ” and as you exhale pray “have mercy on me.”

## ***Daily Devotional Guide***

The following is a daily devotional and study guide meant to enhance your understanding of the message and grow as a Christian.

It is offered for your personal reflection or to share with others.

### **Monday, March 31**

The message began with a review of the three values of prayer. Prayer changes us, prepares us for the challenges in life and aligns us with God’s will. Do you agree with these values or purposes of prayer? What other values of prayer can you think of? What is the

why of your prayers? How do you feel after a time of prayer? Meditate on these ideas and wrote your reflections here.

### **Tuesday, April 1**

Read John 17:1-11. The whole of Chapter 17 is the High Priestly Prayer of Jesus. It is Jesus’ prayer after sharing his final teaching with his Twelve Disciples. It consists of three parts: Jesus prays for himself, for his Disciples and Jesus prays for future believers (us). It’s a wonderful prayer that focuses on the glorification of God. Jesus prays for God to glorify him so that God will be glorified. First of all, we might find it refreshing and perhaps even a relief that Jesus prayed for himself. Jesus offers a very specific way that we should pray for ourselves, primarily to pray that God would glorify us for the purpose of glorifying God. How do your prayers reflect this concept? How does your life glorify God? Meditate on these questions, write your thoughts here and begin the practice of praying for yourself to be glorified by God.

### **Wednesday, April 2**

Author Janet Holm McHenry writes that Jesus’ High Priestly Prayer is one of argumentation as if Jesus is in a debate or forensic competition. McHenry identifies the parts of Jesus’ argument with words that begin with the letter “R”: Resignation, Request, Rationale and Reiteration of the Request. The first step of resignation is critical in that Jesus recognizes that “the hour has come.” There comes a time in each of our lives that we might make this same proclamation. When have you felt that you had come to a turning point in your life? When have you had to define who you are when faced with a challenge? Think of those moments and reflect on your awareness of God’s presence during