

life? Meditate on these questions and begin to write the steps you need to take in order to move toward your goals. Write those goals here or in a journal which you can also use to track your progress.

Thursday, February 23

The fourth question we considered in this series of messages was when? To be more specific, when will we find time each and every day to implement the changes we desire in our lives? This message focused on the time in our day over which we have the most control. You may remember that we are to get sleep and go deep. From evening to morning, work on your goals, honing them, constantly reviewing them and tracking your progress. This evening to morning time frame is also the time that you must get the sleep you need in order to be able to focus on your goals. Before you go to bed at night and when you get up in the morning take the time to focus on the who you want to be and make your plans to move toward that goal! Write your ideas here.

Friday, February 24

Read Luke 10:38-42. There were two take-aways from this passage of scripture: Choose It and Do It! Own your goals; review them daily asking yourself what small step can I take today that will move me toward my goal? Create that ridiculously small goal and then do it! It is said that our lives is really the result of the decisions we make day to day. Make a decision to be in fellowship with God through Jesus Christ each day and come what may you will have a relationship with our Creator what cannot be taken away. Yes, you have to make your plans, creates your steps and daily work toward your goals but stay in communion with our Creator and there is no end to the possibilities that you will one day experience! Write your reflections here.

Message Notes – February 19, 2023

You in X Years –

*What Can't Be Taken Away**

- I. Here we are in the last message of *You in X Years!* The assumption of this series of message is we want to make changes in our lives that reflect God's _____ upon our lives and the _____ Jesus' teachings have on our lives.
 - A. We began the series with the question of who; who are _____ and who do _____ want to be in X years.
 - B. The second week of the series, we ask the question _____; we asked why is it so difficult to _____?
 - C. The third question of this series of messages was _____ are we going to change? The answer is one _____ at a time.
 - D. Last week we asked the question, _____? If you begin your day at _____, have a great evening, get the _____ you need and then have a wonderfully blessed morning, you've already had a pretty _____ day.
- II. The question for today is "_____?"
 - A. What if your plan _____, or life happens differently than you thought?
 - B. What if we go through the process I've just

*Luke 10:38-42

reminded you about and things don't go as _____?

- III. The story of Martha and Mary begins, "Now as they went on their _____."
- A. Jesus goes into a certain village where a woman named Martha welcomed him into her _____.
1. I assume Jesus' _____ also go into the home.
2. Martha is in the kitchen preparing a meal for her _____.
3. Mary has taken a seat at the feet of Jesus and is _____ to him.
- B. This message in a sentence it would be, "We _____ on what can't be taken away so that if our plans fail, our relationship with Jesus is _____ no matter what else is taken away."
1. Our first point from our scripture this morning: _____ it!
2. The second take away from our scripture this morning is: _____ it!
- C. With God and Christ as our _____, let's make it _____!

Daily Devotional Guide

The following is a daily devotional and study guide meant to enhance your understanding of the message and grow as a Christian.

It is offered for your personal reflection or to share with others.

Monday, February 20

The first question of this series of messages was who? Who are you and who do you want to be? Meditate on these questions and then begin to envision who you want to be in a certain time period – in X years. Think deeply about this. Envision the life you want to be living in one, two or five years. What do you want to be experiencing then? What do you look like? What relationships are you in that bring joy into your life? Where are you? What are

you doing? How is your faith reflected in your day to day activities? Pray for Go's wisdom and power and write your thoughts here.

Tuesday, February 21

The second question we asked in this series is "Why is change so difficult? We recognized that inertia is the answer and that it takes effort in getting an object at rest to move. Seriously consider what obstacles are in your way as you begin to think about who you want to be in the future. What has held you back in the past from making changes in your life and what stands in your way today? What relationships are not healthy and helpful in making those desired changes?"

It takes a great deal of effort to begin to move something at rest. Remember the analogy of a rocket taking off; it requires more fuel to launch a rocket than the amount it will take for the rest its journey. That means that a drastic action needs to happen. Meditate on what drastic action must happen to make a difference in your life. Pray for God's strength and the guidance of the Holy Spirit in taking that drastic action.

Wednesday, February 22

The third question we asked was how? How are you going to implement the necessary changes in your life so that you can become who you envision in whatever time frame you've created? The answer to this how question is "One step at a time." Little by little, God guided the Israelite people into the promise land. It didn't happen all at once. Stephen Guise, in his book, *Mini-Habits*, writes that we need to make our steps toward change so ridiculously small that we can't fail. What are the steps, each and every day, that you need to take in order to make a change in your