

with the supporting evidence of 12 yoke of oxen working in the field where Elijah found Elisha. A call to ministry often involved some sort of sacrifice if only a sacrifice of a person's plans for his or her life. A prophet's life was difficult as prophets often were forced to confront and convict people of their shortcomings and their sins which separate them from God. What sacrifice would you be willing to make in order to change your life? What sacrifice would you make in order to become the person God is calling you to become? Pray asking God to guide you and give you wisdom and then write your thoughts here.

Thursday, January 26

Read once again I Kings 19:11-21 and II Kings 2:6-14. There are three basic movements to the story of Elijah and Elisha; the first movement involved making a drastic change. A drastic change is necessary to light the fire within yourself to make the change. It might mean emptying your pantry of calorie rich foods or changing your daily routine by going to bed early and rising early. It might mean the termination of a toxic relationship. Think of one of the changes you'd like to make in your life within a certain time frame. What drastic step would propel you toward a process of change? Meditate on this concept of a drastic step as the beginning of a process of change and write your ideas here.

Friday, January 27

After a drastic change to begin your overall process of change, you need to develop daily disciplines to consistently work toward the change you desire. What would that consistency look like? How would your daily schedule be impacted? What resources do you need in order to continue the process? You are worth putting yourself on your calendar to work toward worthwhile goals and positive change! As Pastor Jack promised, when you achieve that consistency then you can truly enjoy the momentum of becoming the person you desire to become in X Years! Praise God!

Message Notes – January 22, 2023

You in X Years – In the Absence of Crisis *

- I. Last week I offered a caution of “The ways you _____ in become the ways you are _____ in.”
 - A. Furthermore, I offered the possibility that the future you tends to be an _____ version of current you.
 - B. The good news today is that _____ is possible.
 - C. A _____ is an event that if you think about it, proves we are all capable of change.
 1. How do we change in the _____ of a crisis?
 2. We have to come to a place where we can generate an _____ crisis even when we don't have the compulsion of an _____ one.
- II. There are two basic questions I hope we can begin to answer today: “Who will I be in X years from now if I continue my _____ course?” and “Who do I _____ to be in X years from now”
 - A. Where is our right now _____ taking us, and do we like that destination?
 - B. We can begin to answer those questions by looking at our _____ from First and Second Kings

*I Kings 19:11-21 and II Kings 2:6-14

- III. This story has three _____ that help us understand how to change in the absence of a crisis.
- A. Tony Robbins said “Changes happens when the pain of staying the same is _____ than the pain of change.”
- B. There are clues in this story of Elijah and Elisha that can move us toward _____ in the absence of a crisis.
1. First, it's going to take _____ action.
 2. Second, in Elisha’s story there is _____ progression.
 3. Finally, the third movement of our story is enjoying the _____.
- C. I promise you, once you get to the phase where you're enjoying momentum, you will become _____!

Daily Devotional Guide

The following is a daily devotional and study guide meant to enhance your understanding of the message and grow as a Christian.

It is offered for your personal reflection or to share with others.

Monday, January 23

This second message in our *You in X Years* began with a reminder from last week’s message: “The ways you let in become the ways you are set in.” We were also reminded of the tendency for our

future you to be an exaggerated version of current you. The good news today is that change is possible! The Greek philosopher, Heraclitus, who lived 500 years before Jesus said, “The only constant in life is change.” Benjamin Franklin said, “When you are finished changing, you are finished.”

We know that change happens; it has always happened and continues to happen! While change is inevitable, growth is intentional. What are the changes you want to see in your life? What have you longed for in terms of change? What has kept you from changing in the past? Meditate on these thoughts and questions and write your reflections here.

Tuesday, January 24

The specific title for this past Sunday’s message is *In the Absence of Crisis*. We know that through crisis, change has to happen. People exhibit superhuman strength and determination in the face of a crisis or an emergency. Incredible feats have been recorded as responses to crises. What crises have you experienced that moved you – or forced you – toward change? What do you think about the idea that we must create an “internal crisis” in the absence of an “external crisis?” Knowing that change is possible, how do you respond to the idea that change is painful? How would you describe the pain of not changing? Meditate on these concepts and write your thoughts here.

Wednesday, January 25

Read I Kings 19:11-21 and II Kings 2:6-14. These are the two scriptures that provided the foundation for our message this past Sunday. It’s a great story but we must not miss the significance of the sacrifice Elisha had to make in order to follow Elijah. As explained in the message, Elisha came from a wealthy family,