CENTRAL UNITED METHODIST CHURCH

COVID-19 Come Back Plan

Dear Central Church Family,

We have been talking about what it means to come back to our building for worship as well as the usage of our building by various groups and organizations in our community. This plan is based on a plan put forth by other United Methodist Churches and from the latest local, state, and federal government recommendations, along with recommendations from the Michigan Conference of the United Methodist Church. It is our attempt to keep everyone safe while still returning to worship in our Sanctuary and using our building.

As a guide to determine whether or not you should attend worship in our Sanctuary, there is a questionnaire that should be your first step in deciding whether to worship with us in the Sanctuary or online.

When the time is safe, please know we will be offering both the online worship service as well as our in-Sanctuary worship service. We recognize not everyone will be able or should come back for worship in our Sanctuary, and we understand all the reasons why.

Questionnaire

COVID-19 SCREENING SCRIPT ADAPTED FROM THE AMERICAN MEDICAL ASSOCIATION (AMA)

Please use this questionnaire to determine if you are able to attend worship in person. If you answer "yes" to any of these questions, please do not attend worship in the Sanctuary; please continue to worship online.

- Are you in a high risk category?
- Have you or anyone in your household had any of the following symptoms in the last 21 days: sore throat, cough, chills, body aches for unknown reasons, shortness of breath for unknown reasons, loss of smell, loss of taste, fever at or greater than 100 degrees Fahrenheit?
- Have you or anyone in your household tested positive for COVID-19?

- Have you or anyone in your household visited or received treatment in a hospital, nursing home, long-term care, or other health care facility in the past 30 days?
- Have you or anyone in your household traveled domestically or outside of the U.S. in the past 21 days?
- Have you or anyone in your household traveled on a cruise ship in the last 21 days?
- Are you or anyone in your household a health care provider or emergency responder?
- Have you or anyone in your household cared for an individual who is in quarantine or is a presumptive positive or has tested positive for COVID-19?
- Do you have any reason to believe you or anyone in your household has been exposed to or acquired COVID-19?
- To the best of your knowledge have you been in close proximity to any individual who tested positive for COVID-19?

(Source: https://www.ama-assn.org/practice-management/sustainability/use-covid-19-screening-script-when-reopening-your-practice – accessed 5-22-2020)

The Plan

This plan is intended to establish an effective process for ensuring Central Church is safe for all attendees and staff. Only those feeling comfortable with in-person services should attend; while we encourage everyone to get a vaccine, we are not requiring proof of vaccination to attend in-person worship.

Unless they have been fully vaccinated, high-risk individuals (and/or caregivers of high-risk individuals) should consider staying home to enjoy our streamed worship services. Medical experts find those at highest risk for life-threatening illness from COVID-19 are:

- People 65 years and older;
- People who live in a nursing home or long-term care facility; and
- People of all ages with underlying medical conditions. See below for a list.

Underlying medical conditions include, but are not limited to:

Per the Center for Disease Control, the following should not attend:

- People with chronic lung disease or moderate to severe asthma;
- People who have serious heart conditions;

- People who are immuno-compromised (Many conditions can cause a person to be immuno-compromised, including cancer treatment, smoking, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications);
- People with severe obesity (body mass index [BMI] of 40 or higher); or
- People with diabetes, chronic kidney disease undergoing dialysis, and/or liver disease.

What will happen when you arrive on Sunday

Before You Arrive

- Pray.
- Only those feeling comfortable to attend should come. Online worship will continue.
- From your car, into the church and back out again, please maintain a six-foot separation from each person, unless you are immediate family living together.
- The Sanctuary has been, and will be, thoroughly cleaned before and after each service.
- We ask you continue to register attendance online at <u>www.waterfordcumc.org/central-connect</u> as we will not have printed Connection Cards available. Alternately, you can use the QR code found on signage in the narthex (lobby) of the Sanctuary to register your attendance.

At the Door

- Masks covering the nose and mouth must be worn at all times while in the building.
- If you arrive without a mask you will be provided one, if you do not want to wear a mask, we ask that you enjoy our live streaming or recorded worship from your home.

After You Enter and As You Leave

- Keep overcoats and wraps with you (don't use the closet area).
- Do not congregate in the narthex (lobby) of the Sanctuary but rather move into the Sanctuary and prepare for worship.
- Offering baskets will be available at the entrance to our Sanctuary for those who wish to use them. Remember that you can always give electronically or by text.
- Persons will be directed into, and out of, the Sanctuary, to avoid close contact

- All items such as pencils, pew Bibles, pew hymnals, etc., have been removed from the pews to avoid cross-contamination. Feel free to bring your own Bible.
- Restrooms will be open, however, please limit the usage of our restrooms if possible.
- Please be respectful of others, maintaining social distancing, and depart immediately after the service.
- Please, no physical contact (hugging, hand shaking, etc.). Greet others with a wave, a sign for "I love you" or the "Sign of the Cross," etc.
- If you want to have an extended interaction with others, please do so outside, away from the building, continuing to observe Social Distancing.
- Please do not sing since it spreads particulates much like a cough or sneeze. You are encouraged to hum during music with your mask on.
- No bulletins or handouts will be used during services, Please see them at <u>www.waterfordcumc.org</u>. If you print a bulletin to bring with you to worship, please take it back home with you.
- No food will be distributed on Sunday morning before or after worship.
- No children's Sunday school or nursery care will be available for the time being. Children must stay in the pews with their families during the entire worship service. Disposable worship bags for children will be available during worship in the Sanctuary.

Call for Worship Hosts/Ushers/Greeters

Last, but not least, we are looking for people who feel called to assist as hosts, ushers and greeters for these special services. Unlike before, much has changed and you'll need to be trained beforehand on those changes. Please note, if you don't feel safe in doing the usher/greeter ministry at this time, we understand. But for those who do, please contact the church office at 248-681-0040 and leave a message.

> THANK YOU SO MUCH FOR YOUR PRAYERS AND SUPPORT DURING THESE CHALLENGING BUT FASCINATING DAYS!

May God bless you and yours! See you in the Sanctuary or online soon!

For general inquiries, please email the office at info@waterfordcumc.org

COVID-19 Come Back Plan For Community Groups and Organizations

What will happen when you arrive for your Group Meeting or Activity

Before You Arrive

- Only those feeling comfortable and well enough to attend should come.
- From your car, into the church and back out again, please maintain a six-foot separation from each person, unless you are immediate family living together.
- Rooms have been, and will be, thoroughly cleaned before and after each usage.

At the Door

- The use of masks and sanitizer will be expected.
- Use the entrance that is closest to the room you are using for your meeting/activity. If an emergency occurs, all emergency exits will be available.

After You Enter and As You Leave

- Keep overcoats and wraps with you (don't use the closet area).
- Many items in the building such as pencils, brochures, information sheets have been removed to avoid cross contamination.
- Restrooms will be open, however, please limit the usage of our restrooms if possible.
- Please be respectful (for distance, etc.) and depart immediately after your meeting/activity. The room will have to be cleaned and prepared for the next usage.
- Please, no physical contact (you can offer a sign of greeting to others (arm across your chest, a peace sign, a wave or thumbs up...etc.).
- Please limit handouts or any other items that you give to your meeting participants. Please use the internet for handouts and informational pieces and distribute items from a central place in the parking lot (trunk of your car, back of a truck, a table you set up). Items should be washed with disinfectant if possible and laid out so that your participants can receive what they need

without touching other items. Remove any unused materials from meeting rooms as you leave.

- No food or water should be distributed during your meeting/activity.
- Use the hand rail or elevator as needed. We recommend you have a volunteer in place to wipe down the handrail or elevator after each use.